

COVID-19 Guidelines for Safer Tennis at Silveridge

This plan was prepared using information obtained from the Silveridge Pickleball club, and our thanks to the Pickleball club for allowing us to use their guidelines as a template. This plan has been reviewed and approved by Silveridge RV Park Management and the policies highlighted in **bold** below are their mandates.

The purpose of this document is to summarize current best practices that support safe and appropriate recreational play for players during the expected transitional period back to regular tennis activity.

These guidelines presume that local stay-at-home or shelter-in place mandates are not in force and the Silveridge tennis courts are available for play. Silveridge residents are encouraged to take every precaution and follow these safety recommendations.

Our Commitment

COVID-19 best practices need to be embraced. Tennis players at Silveridge have a responsibility to limit their own circle of contact and follow social distancing and safe hygiene and cleaning practices. The Silveridge Tennis Club (Club) is committed to providing the safest activity possible for both physical and mental health. These are challenging times for all of us but it is our collective belief that tennis can be as safe as any other outdoor activity if common sense safety measures are followed. One of those measures is limiting the number of players congregating at the courts and, if necessary, facilitating the most accurate contact tracing possible.

DO NOT PLAY IF YOU:

- Are exhibiting any symptoms of the coronavirus as identified by the Centers for Disease Control and Prevention (CDC).
- Have been in contact with someone with COVID-19 in the last 14 days.
- Are a vulnerable individual with serious underlying health conditions as identified by the CDC.

IF YOU DECIDE TO PLAY:

- You must **RESERVE** and **DOCUMENT** court time on the Tennis Club's board using the weekly court scheduling sheets. The name of each player should be documented on the court scheduling sheets in case contact tracing later becomes necessary. **This requirement applies to members and nonmembers (but Silveridge residents) of the Club.**
- **Drop-in play is not permitted nor may outside groups (or outside individuals) play tennis at Silveridge per Park rule.**
- The Club strongly recommends that you establish a small group (2-10) of players, i.e. a “trusted circle”, whom you believe are adhering to responsible social distancing and virus protection practices on and off the court. Whenever you play, you should partner with someone from your trusted circle. You may play against opponents outside your trusted circle if you wish. However, the Club recommends that you don't partner with persons outside your trusted circle.
- **BRING A MASK TO THE COURTS** and use it if, for any reason, you cannot socially distance from someone. Masks are required to enter the kitchen or either of the equipment rooms at the tennis building.
- Wash your hands with soap and water prior to playing and bring personal-use hand sanitizer to the courts. A hand sanitizing station is next to the kitchen door, and spray bottles of sanitizing solution are on each of the courts for spraying commonly-touched surfaces such as gates, ball machine handles, etc.
- Use hand sanitizer to clean and wipe down your racquets and water bottles. Do not share racquets, equipment or clothing.

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- Bring a personal use water bottle(s) and avoid touching or using public water fountains.
- Bring tissues or a handkerchief for contained sneezing and coughing or consider wearing a mask.
- Consider wearing disposable gloves to the courts and avoid touching court gates, fences, benches, etc. as much as possible.
- Consider wearing disposable gloves during play to avoid touching tennis balls with your hands.
- Do not arrive early before your allotted court time. Ten minutes or less prior is appropriate.

DURING PLAY SESSIONS:

- Adhere to social gathering and distancing policies according to the CDC and local authorities.
- Do not behave critically of others if their comfort level differs from yours. Every person's health and safety concerns are different and should be respected.
- Consider bringing your lawn chair to sit on and safely social distance from others. Gathering at the courts should only occur if you remain a minimum of six feet apart.
- Maintain a distance of six feet or more from other players whenever possible.
- Try to minimize or avoid touching court gates, benches, fences, etc.
- Take your water bottle and anything you need for your playing session on to the court area with you and separate your gear from the other players' gear.
- While playing doubles, partner only with those who reside within your household or trusted circle.
- Each player should use his or her own tennis ball to serve, and the other three players should not touch the server's ball with their hands.
- With the exception of the ball machines, the Club will not be providing tennis balls as long as COVID-19 is still an ongoing health risk.
- Please adhere to CDC guidelines by not touching your face while playing. If you must touch your face for any reason while playing, please stop and use hand sanitizer before resuming play. Also, please use hand sanitizer for your hands between sets or anytime you take a break.
- Maintain proper social distancing from other players in between games and while not playing.

WHEN PLAY HAS ENDED:

- It is mandatory for each tennis player to maintain a record of when they played and who (first and last name) they partnered with, in case contact tracing is required.
- Leave the court area as soon as reasonably possible.
- Wash your hands or use hand sanitizer immediately after you finish playing.
- Thoroughly wash your tennis equipment and other items you have used or touched.
- Report to the Silveridge Tennis Club (via email silveridgetennis@gmail.com) if you become ill with COVID-19 symptoms within 14 days of playing tennis at the Silveridge RV Park tennis courts.